CITY OF LARAMIE
PARKS & RECREATION DEPARTMENT
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updated: 12/10/12 DM

2013 ADULT BASKETBALL LEAGUE RULES

1. All non-members of the Laramie Community Recreation Center, adults and children, must remain in the gym at all times. After 9:00 pm all players and spectators must remain in the gym.
2. All players must wear court shoes. No street shoes will be allowed on the court.
3. The Official Rule Book will be the National High School Federation Handbook for 2012-2013.
4. **Eligibility**- men and women age 16 & above are eligible to play; those 17 & under need parent/guardian written permission.
5. The registration fee is $500 per team for all divisions.
6. A mandatory informational meeting will be held on Thursday, January 3, 5:30pm, at the Laramie Community Recreation Center, 920 Boulder Drive.
7. The season will begin Monday, January 7, 2013 and end mid March 2013.
8. No games will be played during Spring Break, March 18 – 22.
9. The Recreation A Division, for more experienced and skilled players, will play on Monday and Wednesday; the Rec B Division will play on Tuesday and Thursday; Women will play Monday and Wednesday and all leagues will have referees.
10. There will be a 20-team maximum in each division.
11. All games will be played at the Laramie Community Recreation Center, from 6 – 9 p.m.
12. Schedules will be comprised of 10 games. All games will be played as scheduled. All teams are required to report to the game unless otherwise notified.
13. Each team is responsible for having a scorekeeper present at each game. Parks & Recreation will provide scorebooks. If a scorekeeper is not present it will result in a forfeit for the team who does not have a scorekeeper present.
14. Rosters will have NO LIMIT as to how many players are allowed. As long as the player has signed the team's roster AND is not on any other roster he/she is a legal player for that team. A player may play on one (1) team only.
15. Players may be added up to March 1, 2012. A written agreement must be signed by both coaches in order for a player to trade teams. NO EXCEPTION!
16. Anyone who is discovered playing on two (2) teams, will be removed from the game. The team for which that person plays will forfeit the game played and the next scheduled game. The player will be suspended from participating in adult sports for one (1) year.
17. A team must start and finish with four (4) players. A fifth (5th) player may be added on a dead ball.
18. Each team is responsible for uniforms. Uniforms are mandatory by January 21, 2013. Shirts of the SAME COLOR with numbers permanently attached or drawn on with a permanent marker are adequate. No taping of numbers on backs of t-shirts. Players must wear COURT shoes. Any team not meeting the above requirements will either forfeit games until they are met, or players on the team not in uniform will not play.
19. Game time is forfeit time.

20. If a team forfeits two (2) consecutive games or three (3) total games during the season, they will be out of the league. Their entry fee and their chance to play in the post season tournament will be forfeited.
21. Two twenty-minute halves (20) will be played with a three (3) minute break for half-time. The clock will stop on all whistles during the last 2 minutes of the second half. The clock will also stop on all time outs and technical fouls. Extra periods will be three (3) minutes in length with the clock stopping only during the last minute. If a team is ahead by 20 or more points in the last 2 minutes of the game the clock will only stop for time outs.
22. Each team will be allowed three (3) time outs per game. One (1) additional time out is awarded for each extra period.
23. The referee shall have complete control of the game with the right to **EJECT ANYONE** at any time from the game or the gym.
24. Slapping the backboard will result in a technical foul. Hanging on the rims or nets will result in a technical foul.
25. **Any player who receives an unsportsmanlike technical foul (slapping backboard or hanging on the rim, unless excessive don't count) during a game will be ejected from the game and will have to pay a $20 fee to be reinstated into the league. For a player who receives a second technical foul during the season will have to pay another $20 fee and sit out next game before being reinstated. If a player receives a third technical foul during the season the player will be kicked out of the league for the remainder of the season.**
26. City of Laramie Zero Tolerance Policy: The purpose of this policy is to help coaches, managers, and players make appropriate choices without punitive actions. The zero tolerance policy affords all participants direction in developing self-discipline, leadership, integrity, character, commitment, teamwork, a healthy attitude, and respect for rules and regulations.

The City of Laramie supports the zero tolerance rules. The position of the Laramie Parks & Recreation Department is that abusive or excessive behavior by any coach, manager, or player will not be tolerated. All persons associated with any City of Laramie Recreational activities must understand that situations will arise during the course of the season, which may upset them. However, we must work through these occasions to set an example for the entire organization and the community through appropriate conduct.

Any violation of this policy constitutes conduct detrimental to the spirit of sportsmanship and makes the player, coach, manager, team or official subject to disciplinary action, with possible suspension from recreational activities. A minimum suspension of one (1) game will be imposed if a violation is found to be justified. A second finding of a violation constitutes a minimum of a two (2) game suspension. A third violation will receive a minimum four (4) game suspension from all associated City of Laramie activities. All violations are subject to probation.

Any person charged with a zero tolerance violation has the option of accepting the punishment; or has five (5) days in which to notify the Recreation Program Coordinator to request a hearing. The Coordinator will make their best effort to conduct a hearing within ten (10) days. Upon receiving the results of the hearing, you have the further right to appeal to the City of Laramie Recreation Manager.

Players, coaches, and officials need rules and regulations by which their actions are guided. When they violate these rules, there must be consequences.

Types of Abuse:

1. Verbal Abuse of a Referee or Gym Supervisor (serious, repetitious dissent to provoke an argument, criticism or demeaning language but which does not include offensive, insulting, or foul language) – first offense one (1) game suspension.
2. Serious Verbal Abuse of a Referee or Gym Supervisor (e.g. using offensive, insulting, or foul language or repeated incident of less serious abuse) – two game suspension-Disciplinary Committee hearing to consider additional sanctions and/or remedial actions.
3. Stepping onto the Court or Other Threat to a Referee or Employee (by word or action) – four (4) game suspension – Disciplinary Committee hearing to consider additional

sanctions and/or remedial actions and, if required, by a letter of apology to the players referee, managers, and/or coaches of the teams affected by the conduct.

27. A player or manager will be suspended from league play for the entire season for coming into the facility under the influence of alcohol or bringing alcohol beverages in or around any of the facilities.
28. There are no beverages, except water bottles allowed at the Recreation Center. NO SMOKING or chewing in or around the Recreation Center.
29. Protest Rule-Protests will be considered on rules interpretations, not on judgment calls. To initiate a protest, the team's captain must inform the official on the court that he/she wishes to protest the game from that point. It is up to the captain to make sure his/her protest intent is recorded in the official score book. The captain will then have 24 hours in which to investigate his/her protest by putting it in writing and paying $20.00 to the Recreation Center. In the event a protest is filed on a tournament game, the protest must be filed before 12:00 pm (Noon) of the following day and both teams will be notified. If a ruling is in the team's favor, the $20.00 will be returned. If not, the money will be forfeited.
30. POST SEASON TOURNAMENT- A double-elimination invitational tournament will be held at the end of the season. Teams who play during the season will be the only teams allowed in this tournament. The Recreation Program Supervisor reserves the right to move teams from one division to another. Team rosters must remain the same as the season roster, as of the last day of the season. Teams will not be allowed to add players during tournament time. Teams will be seeded according to season standings. Ties will be broken according to 1) overall record, 2) head to head record, 3) points allowed, 4) points scored, and 5) coin toss.
31. Plaques will be awarded to at least the 1st and 2nd place teams in each division for the regular season. Plaques will be awarded to at least the 1st and 2nd place teams in each division for the tournament.