



CATHEDRAL HOME

**LARAMIE YOUTH  
CRISIS CENTER**

**In 1986, the Laramie Youth Crisis Center was opened by Cathedral Home.**

The Laramie Youth Crisis Center (LYCC) is a free, confidential, 24/7/365-days-a-year care service for youth and families navigating child safety concerns, family dynamics, and mental health challenges like anxiety, depression, substance use, childhood trauma, disordered eating, and more.

# Enriching the well-being of youth & families.

## Mission

Our mission is to enrich the well-being of youth and families. Our staff consists of youth and family care professionals, clinicians, and trauma-informed team members with specialized training to respond to crises.

## Vision

We have a bold vision: that every child & family has the resources to thrive. We are working to promote health, increase access, advance equity, and extend compassion so that every child and family has the resources they need to thrive.

Local funding is foundational to the operation of and services provided by the Laramie Youth Crisis Center.



### 2020 Community Health Needs Assessment

A study led by Ivinson Memorial Hospital found that affordable mental health care for children and teens is the #1 unmet need in Albany County.



### Wyoming ranks 45th overall for mental health wellness

Mental Health America revealed in 2022, that Wyoming ranks 45th overall for mental health wellness, indicating higher rates of mental illness and lower rates of access to care.



### 46% of children in Wyoming experienced one or more ACE

46% of children ages 0-17 in Wyoming experienced one or more Adverse Childhood Experiences. ACEs are potentially traumatic experiences and events, ranging from abuse and neglect to living with an adult with a mental illness.

# free 24/7/365-days-a-year care



## 24/7 Crisis & Shelter Care

For youth (0-17) navigating trauma, mental health concerns, and family disturbances.



## Respite Care

Supporting family resilience and unity by offering ongoing therapeutic breaks.



## Safe Exchange

The safe exchange program offers services designed to facilitate positive, safe custodial exchanges between parents or guardians.



## Independent Living Program

Coaching and skill-building activities to support young people in preparing for adulthood.



## Group Home Services

This community-based program provides 24-hour supervision and support to youth in a safe home-like setting.



## Albany County Expelled & Suspended students

In partnership with the Albany County School District, ACES is a voluntary program for youth (5-18) who have been suspended or expelled from school.