

LARAMIE YOUTH COUNCIL

Minutes- Regular Meeting January 7, 2026, 6:00 pm

1. Call to Order

Regular Meeting of the Laramie Youth Council was called to order by Chair Hovhannisyan at 6:04 p.m.

2. Roll Call

Roll call showed present: William Alexander, Isaac Kirsch, Carl McLean, Anh Nguyen (arrived at 6:37 pm), Vaiga Ramsanker, Maylin Mejia-Alday, and Eliz Hovhannisyan. Absent: None.

Council Members present: Joe Shumway. Absent: William Bowling and Brandon Newman

Staff present: Nancy Bartholomew, City Clerk; Absent: Todd Feezer, Assistant City Manager.

3. Ice Breaker

4. Approval of Agenda and Minutes

4.A. Consideration of Changes in Agenda and Setting the Agenda

MOTION BY WILLIAM ALEXANDER, seconded by Carl McLean, that the Agenda be set as submitted.

MOTION CARRIED by voice vote and raised hands.

4.B. Consideration of Approval of Minutes from December 3, 2025

MOTION BY VAIGA RAMSANKAR, seconded by Isaac Kirsch, to approve the minutes from December 3, 2025.

MOTION CARRIED/FAILED by voice vote.

5. Announcements

5.A. Wyoming State Legislative Budget Session Begins on February 9, 2026

More information related to the proposed bills and budget can be found at www.wyoleg.gov.

Interim Todd Feezer began on Dec. 16. WAM begins February where councilors will be able to meet with legislators.

Storm Water Drainage Fees amendment passed first reading.

Specific Purpose Excise Tax (SPET) will appear in a Special Election on May 5, 2026.

6. Reports from Advisors/Officers

6.A. Finance Report (Secretary)

\$2134.09 starting balance and ending balance

7. Reports from Council/Commissioners Liaisons

Addressed in Item #5.

8. Disclosures by Laramie Youth Council Members

None.

9. Old Business

9.A. Discussion on Meetings Day and Time

Councilor Newman requested to discuss changing the Laramie Youth Council regular meeting days and times. This item was postponed from the December 3, 2025 agenda.

MOTION BY CARL MCCLEAN, seconded by William Alexander, to keep the meeting date, time, and location the same.

MOTION CARRIED by voice vote.

9.B. Work on Mental Health Project

Share with the group progress that has been made on the following:

- Discussion with Principal Fred George about the possibility of holding an I&E Session related to mental health.
- Discuss the timeframe (possibly February or March)
- What resources have you found since our last meeting?
- Discuss questions for the questionnaire:
 - How often have you experienced stress in the past month?
 - What tools do you use to help manage stress and mental health?
 - Provide possible answers and other statements.
- Discuss snacks and giveaways such as stress balls.
- Approve a budget for snacks and giveaways.

Timeframe:

- March 23 Monday Morning/Lunch Table from 7:15am (setup) to 8 am
- March 25 Tele-Hope interactive presentation (emphasize importance of mental health), 20-30 minutes present, 10-minute to recap results from the questionnaire

Eliz talked to Principal Fred George and he liked the idea, but would like to meet and discuss in more detail.

Survey Questions:

Question in Survey (idea of what it looks like):

1. How stressed are you on a daily basis?

1 2 3 4 5

2. What is a way/What are some ways you use to cope with stress or relax?

(Short Response, preferably one-two words)

MOTION BY VAIGA RAMSANKAR, seconded by Carl McLean, to approve the \$65 budget for Mental Health Project.

MOTION CARRIED by voice vote.

10. New Business

No items.

11. Next Meeting-February 4, 2026, 6:00 pm, City Council Chambers, 406 Ivinson Ave

12. Adjourn

Meeting adjourned at 7:38 p.m.

APPROVED:

Nancy Bartholomew, City of Laramie Advisor

Date