

A close-up photograph of several red columbine flowers with multiple petals, set against a blurred background of more flowers and green foliage. The lighting is soft, highlighting the texture of the petals.

Laramie Reproductive Health

At the Heart of Your Health



Our Mission and Vision:

- To provide compassionate care and education in a supportive environment.
- We envision access to reproductive healthcare without barriers.
- Over 50 years of compassionate care for the community, regardless, of insurance or ability to pay.

Sliding Fee Scale

2025 Sliding Fee Discount Schedule - **Monthly Income**

| Family Size | 2025 Sliding Fee Discount Schedule - Monthly Income | | | | | CSBG | |
|-------------|--|---------------------|--------------------|-------------------|-------------------|-------------------|-----------|
| | Code 0 | Code 1 | Code 2 | Code 3 | Code 4 | Code 5 | Code 6 |
| | > 250% | 250% - 201% | 200% - 176% | 175% - 151% | 150% - 126% | 125% - 101% | 100% > |
| 1 | > \$3,261 | \$3,260 - \$2,609 | \$2,608 - \$2,283 | \$2,282 - \$1,957 | \$1,956 - \$1,631 | \$1,630 - \$1,305 | \$1,304 > |
| 2 | > \$4,407 | \$4,406 - \$3,526 | \$3,525 - \$3,085 | \$3,084 - \$2,645 | \$2,644 - \$2,204 | \$2,203 - \$1,764 | \$1,763 > |
| 3 | > \$5,553 | \$5,552 - \$4,443 | \$4,442 - \$3,887 | \$3,886 - \$3,332 | \$3,331 - \$2,777 | \$2,776 - \$2,222 | \$2,221 > |
| 4 | > \$6,699 | \$6,698 - \$5,359 | \$5,358 - \$4,690 | \$4,689 - \$4,020 | \$4,019 - \$3,350 | \$3,349 - \$2,680 | \$2,679 > |
| 5 | > \$7,845 | \$7,844 - \$6,276 | \$6,275 - \$5,492 | \$5,491 - \$4,707 | \$4,706 - \$3,923 | \$3,922 - \$3,139 | \$3,138 > |
| 6 | > \$8,991 | \$8,990 - \$7,193 | \$7,192 - \$6,294 | \$6,293 - \$5,395 | \$5,394 - \$4,496 | \$4,495 - \$3,597 | \$3,596 > |
| 7 | > \$10,136 | \$10,135 - \$8,109 | \$8,108 - \$7,096 | \$7,095 - \$6,082 | \$6,081 - \$5,069 | \$5,068 - \$4,055 | \$4,054 > |
| 8 | > \$11,282 | \$11,281 - \$9,026 | \$9,025 - \$7,898 | \$7,897 - \$6,770 | \$6,769 - \$5,642 | \$5,641 - \$4,514 | \$4,513 > |
| 9 | > \$12,428 | \$12,427 - \$9,943 | \$9,942 - \$8,700 | \$8,699 - \$7,457 | \$7,456 - \$6,215 | \$6,214 - \$4,972 | \$4,971 > |
| 10 | > \$13,574 | \$13,573 - \$10,859 | \$10,858 - \$9,502 | \$9,501 - \$8,145 | \$8,144 - \$6,787 | \$6,786 - \$5,430 | \$5,429 > |

*Each additional family member add \$459

2025 Sliding Fee Discount Schedule - **Yearly Income**

| Family Size | 2025 Sliding Fee Discount Schedule - Yearly Income | | | | | CSBG | |
|-------------|---|-----------------------|-----------------------|----------------------|---------------------|---------------------|------------|
| | Code 0 | Code 1 | Code 2 | Code 3 | Code 4 | Code 5 | Code 6 |
| | > 250% | 250% - 201% | 200% - 176% | 175% - 151% | 150% - 126% | 125% - 101% | 100% > |
| 1 | > \$39,126 | \$39,125 - \$31,301 | \$31,300 - \$27,389 | \$27,388 - \$23,476 | \$23,475 - \$19,564 | \$19,563 - \$15,651 | \$15,650 > |
| 2 | > \$52,876 | \$52,875 - \$42,301 | \$42,300 - \$37,014 | \$37,013 - \$31,726 | \$31,725 - \$26,439 | \$26,438 - \$21,151 | \$21,150 > |
| 3 | > \$66,626 | \$66,625 - \$53,301 | \$53,300 - \$46,639 | \$46,638 - \$39,976 | \$39,975 - \$33,314 | \$33,313 - \$26,651 | \$26,650 > |
| 4 | > \$80,376 | \$80,375 - \$64,301 | \$64,300 - \$56,264 | \$56,263 - \$48,226 | \$48,225 - \$40,189 | \$40,188 - \$32,151 | \$32,150 > |
| 5 | > \$94,126 | \$94,125 - \$75,301 | \$75,300 - \$65,889 | \$65,888 - \$56,476 | \$56,475 - \$47,064 | \$47,063 - \$37,651 | \$37,650 > |
| 6 | > \$107,876 | \$107,875 - \$86,301 | \$86,300 - \$75,514 | \$75,513 - \$64,726 | \$64,725 - \$53,939 | \$53,938 - \$43,151 | \$43,150 > |
| 7 | > \$121,626 | \$121,625 - \$97,301 | \$97,300 - \$85,139 | \$85,138 - \$72,976 | \$72,975 - \$60,814 | \$60,813 - \$48,651 | \$48,650 > |
| 8 | > \$135,376 | \$135,375 - \$108,301 | \$108,300 - \$94,764 | \$94,763 - \$81,226 | \$81,225 - \$67,689 | \$67,688 - \$54,151 | \$54,150 > |
| 9 | > \$149,126 | \$149,125 - \$119,301 | \$119,300 - \$104,389 | \$104,388 - \$89,476 | \$89,475 - \$74,564 | \$74,563 - \$59,651 | \$59,650 > |
| 10 | > \$162,876 | \$162,875 - \$130,301 | \$130,300 - \$114,014 | \$114,013 - \$97,726 | \$97,725 - \$81,439 | \$81,438 - \$65,151 | \$65,150 > |

*Each additional family member add \$5,500

Always ask and document!! (Opt out = Code 0)

| | | |
|---|--|------------------------------|
| * | # Household members/dependents | |
| * | Monthly/yearly income | |
| * | Place of Employment | |
| * | Proof of income from past 30+ days/tax documents - UPLOAD! | |
| * | Insurance Ask info above and code accordingly. If opt out, Code 0 | |
| * | No income Must sign and date a self-declaration form attesting to no income | |
| * | Verify via bank statements | |
| * | CSBG Income must be less than 125% . | |
| * | Review/verify income every 90 days (ongoing CSBG funded) | |
| * | Allow up to 3 months to transition client off CSBG services if income > 125% | |
| | DO COUNT | DO NOT COUNT |
| | Regular payments received | SNAP |
| | Social security | WIC |
| | SSI | LEAP |
| | SSDI | Housing Choice Voucher |
| | TANF | Public Housing |
| | Retirement | Permanent Supportive Housing |
| | Unemployment | HUD-VASH |
| | Strike Benefits | Child Care Voucher |
| | Worker's compensation | Affordable Care Act Subsidy |
| | Veteran's payments | |
| | Training stipends | |
| | Alimony | |
| | Child support | |
| | Military family allotments | |
| | Pensions | |
| | Annuity payments | |

General Wellness

- General Wellness Exams
- Cologuard and Breast Cancer Screenings
- Blood Draws
- Health Care Referrals
- Prescription Refills
- Return to Work/School Documents
- Sports Physicals
- Strep/Flu Testing
- DoT Physicals
- PRIMARY CARE FOR ESTABLISHED PTS (different than DTC)



Blood Draws

- Hormone Testing *not fertility
- Medication Surveillance
- Annual Screening
- Metabolic Panel
- STI Blood Testing
- Confirm Pregnancy Testing
- Can add other panels that are needed
- Symptom Specific
- Free testing, any panels, for those at 200% of the FPL
- Can send to primary care even if we are not the PCP



Reproductive Healthcare and Contraception

- Annual Exams/Paps
- Cervical Cancer Screenings
- IUD Insertion and Removals
- Contraceptive Education
- Pregnancy Testing and Counseling
- STI Testing and Counseling
- HPV Vaccines
- Implant Placement Checks
- Pre-conception Counseling



Contraception Options

- Intrauterine Devices (IUDs)
 - Paragard (Copper)
 - Mirena
 - Kyleena
 - Liletta
- Nexplanon Implant/Removal
- Oral Contraceptives
 - Both Combined and Progesterone Only (Some in house, some pharmacy)
- Depo Provera Injection
- Birth Control Patch (Pharmacy Only)
- NuvaRing

STI Prophylaxis – The Big 3 Barrier Methods

- Provided free of charge to everyone in the community
 - Condoms
 - Internal/Female Condoms
 - Dental Dams
 - All provided free from the state
- We provide 6 bars and 2 non-profits in the community with free condoms



Free Menstrual Products

- Tampons
- Pads/Liners
- Menstrual Cups/Discs
- Period Underwear/ Reusable Pads

- We provide period equity to 6 non-profits and 2 schools in the community (High School and Linford Elementary)



BIG1 PROGRAM FOR FEMININE HYGIENE PRODUCTS

HOW IT WORKS....

We envision a world in which individuals do not have to worry about accessing sufficient period products. Our organization not only distributes these essential items to our patients but also extends our support to other nonprofits and schools upon request. However, to address the growing demand, we require the community's assistance.



Buy your products that you would usually purchase



Get one for us- weather its tampons, pads, or cups



The drives that are done will be recognized on our social media accounts.



Are you a business that wants to partner and/or be a drop off location? Reach out and let us know! We will create a box and pick up on a schedule that works for you!



Get in Touch

(307) 745-5364

lamiereproductivehealth.org/

605 Skyline Rd. Ste. 201
Laramie, WY 82072



End of Year Report **Impact**



\$32,702

Patient Fees



\$193,410

Insurance Reimbursements



\$253,834

Grants, Donations, and Fundraising Dollars

In Kind Donations

\$30,585

Total amount of in-kind donations

229 Volunteer Hours \$7,958 Total worth of volunteer hours

Community Programs

8

Nonprofits/Schools Donated to Period Equity Program

6

Local Bars for our Condom Distribution Program

Health & Wellness

966

Total Visits

228

Treatments and birth control provided in office

74

Paps Completed

Expenses

\$610,230

Total Expenses

28% Admin and Fundraising Expenses

72% Patient Expenses

How You Can Get Involved

Donate – Monthly, IRA distributions, one time, planned giving (5 for Thrive)

Attend our events – 1st Pickleball Tournament this year and our Pie in the Sky is back this fall!

Become a sponsor and write it off as marketing for your business

Follow us on our socials and newsletter – like and share our posts to get the word out

Become a patient – the best way to help keep our doors open.

We accept everyone! So please let those around you know – not just low income.

LARAMIE REPRO

LRF





Hours of Operation

- Monday , Wednesday, and Thursday
 - 9AM – 5PM
- Tuesday
 - 11AM - 7PM
- Contact Info
 - (307) 745-5364
 - info@lrhealth.org